

**SUGGESTED PACKING LIST FOR
APEX BAND TRIP TO DISNEY WORLD
March 20-25, 2015**

Bus Carry-On

- Money for snacks and breakfast for the ride down. Money for snacks, lunch and dinner for the ride home.
- I-Pod, book or other form of entertainment
- Movies as long as they are G, PG or PG13
- Medicine * (see note below)
- Light Jacket/Hoodie (with name written inside) as bus can get cold
- Pillow and/or blanket
- Cell Phone
- Motion sickness pills for bus ride if needed

Suitcase – Maximum size is 22" (1 per person)

- Shorts/Jeans appropriate for weather (anticipate days to be 80 degrees and evenings 60 degrees).
- Shirts to include one black Show Shirt or black Apex Cougar Spiritwear shirt, or plain black tshirt (to be worn under uniform during parade)
- Sneakers/Socks/Walking Shoes/Sandals/FlipFlops and at least one pair of black socks (for parade performance)
- 1 nice outfit for dinner at Rainforest Cafe
- Pajamas
- Underclothes
- Camera with extra SD card and extra batteries (optional)
- Sunglasses and hat or visor
- Sunscreen of SPF 15 minimum - 30 SPF is preferred. Aloe lotion in case of sunburn
- Bug Spray
- Toiletries - toothbrush, toothpaste, deodorant, comb, brush, shampoo, conditioner, soap, shaving supplies, feminine hygiene products, etc.
- Blow Dryer (the room will have ONE for the entire cabin)
- Empty water bottle
- Cell phone / Ipod charger
- Watch if no cell phone
- Money if you plan to shop for souvenirs
- Rain Poncho
- Travel size hand sanitizer
- Playing cards

* Medication: Chaperones will not have OTC medication to give out. Please pack Tums, Tylenol, Advil, sinus medication, as well as prescribed inhalers, epipens, etc in your carry-on for the bus ride down.